

DALBEATTIE HARDROCK CHALLENGE

EVENT RULES

1. The organisers have taken reasonable steps to highlight obvious risk, but will accept no further liability
2. Everyone is responsible for their own safety and the safety of those around them.
3. Support, emergency and marshal's vehicles may be moving round the forest at any time. Be aware of this and allow them to pass safely.
4. Helmets must be worn securely
5. Competitor security wrist bands must be shown to a marshal before being allowed in the bike rack area
6. All bikes must be racked 45mins after the start of the run, approx 11.45am
7. Numbers must be clearly visible at all times.
8. Follow marshal's instructions
9. Headphones must not be worn during the bike section of the race
10. On singletrack be aware that others may wish to pass. This must be allowed to happen at the first opportunity.
11. Run follows the yellow signs, ground painted arrows and tape
12. Bike follows the red signs, ground painted arrows and tape
13. If you have a breakdown, or are pushing a bike up or down rough singletrack, leave room for bikes to pass freely
14. Report any injuries or mishaps to the next marshal
15. Space is limited at the finish. Clear the finish area promptly when your time has been recorded

Enjoy your day

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EVENT TIMING SYSTEM

1. Competitors must register to collect their race number. Registration will open at approx 9am.
2. You must then proceed to the SI Entries table next to registration to collect your timing chip. Individuals will have their chip attached to their wrist, teams will get their chip on a lanyard to be placed around the neck. **NO TIMING CHIP, NO RESULT.**
3. SI Entries will automatically start all the timing chips when the race starts. Race due to start at 11am.
4. Runners will be directed into a funnel at the end of the run. A marshal will be at the end of the funnel with a hand held timing station. **All runners must dip their chip in the timing station.** The timing station will bleep if you have done this correctly. **THIS MUST BE DONE TO GET A RUN TIME**
5. Individuals will then proceed to the bike racks to start the bike section. Team runners **must** hand over the timing chip on the lanyard to their bikers before they can start the bike section.
6. A chicane will be set up just before the finish line to slow down the bikes prior to entering the finish area. The bikers will then cross the finish line where a timing marshal will press a button on a hand held device to record their time. Bikers must then enter the finish funnel and dismount in the order that they crossed the finish line. A marshal will be present to manage this area. This can be done slowly and safely as your time has already been recorded. You must then dip your timing chip with the timing marshal at the end of the funnel to allocate your finish time to your timing chip. **THIS MUST BE DONE TO GET A FINISH TIME**

7. Bikers must then clear the finish area and push their bikes to the registration tent where SI Entries will collect their timing chips and download the chip into the timing system. Bikers will then be given a printout showing their split and finish times. **This must be done immediately on finishing the race.** A TV screen in the big tent will show the race results in real time.
8. All timing chips must be returned to SI Entries or you will not get a finish time, and you will be charged £25.